



Q2

Doin' Things



April

TOP GOAL:
MICROHABIT:

Goals

- _____
- _____
- _____
- _____

To Look Forward To

- _____
- _____
- _____
- _____

Appointments To Make

- _____
- _____
- _____

To Treat Myself

- _____
- _____
- _____



May

TOP GOAL:
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Goals

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June

TOP GOAL:
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Appointments To Make

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- _____
- _____



Today is the Day

Getting Things Done

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

I Am Grateful For

- _____
- _____
- _____
- _____

I Surrender...

- _____
- _____

Wellness & Workout

- _____
- _____
- _____
- _____

Affirmation

- _____
- _____
- _____
- _____